

It is so much simpler to bury the deep meaning of Reality than it is to ignore pressing illusions. Hence ±daily meditating to remind oneself about what matters most helps all who wish to overcome states of *Homo amnesiens*, the *forgetful human*. The real-life value of YIKAW declarations is to alert one's mind for when out-of-the-box opportunities for innovation that arise unexpectedly during the day. Reality favors prepared minds. Hence, YIKAW meditations can reduce "sleepwalking" into Armageddon disasters like the Titanic.

5.1 **S. Starting position: to serve You\TheOne\Yah\YHoWaaH:**  
 2 **I pledge my highest allegiance to You :** (YAR|RAY|Yah|Yas|Truth)  
 3 **Reality \Allah \YHoWaaH ! You are my Rock:**  
 4 **You carry me in Real Quests to Real Answers** (YhowShua|Yas|Jesus)  
 5 Be You my vision, my True Hero, The One.  
 6 Let me be Your Cause, Your Ground Zero, Your None.  
 7 In my place let me be like Your Ring on Your Hand,  
 8 Your Bracelet on Your Arm, Your Seal where You stand.  
 9 **Let my thoughts, words, & deeds build Your Temple** not mine.

10 Pack into the knapsack of my time Your infinite wisdom, so  
 11 I choose courage over comfort, and vulnerable innovation  
 12 over perfect stifling so You can break the power of my idols.  
 13 Cut my **OverReaching overComplicating overSimplifying** ORCS.  
 14 Stop me from beating You black and blue Is.43:24, Lk18:5 by my  
 15 **incurious ignorant indifference** III OSCR in how I treat others!

16 Thank You for Moses' eternal Yom Kippur template Lev.16:34  
 17 for universalizing it in Jesus' atOneMend-ing Lk.23:34 Jn20:21-3...,  
 18 and teaching Muhammad about daily Wudu washings Qu.5:6  
 19 to grow healing resilience 7RH & Jubilee innovation. Lev.25...888 SLIM  
 20 Let my science win like You had hoped one of LAOdicea's had.

21 Teach me to forgive, so You can forgive my inconsistencies.  
 22 Wash away all worry, fear, guilt, cowardliness, blame, shame,  
 23 loss, grief, sadness, caving, illusions, omissions LIEs, SINs, & DEATH :  
 24 Don't let me bury You\Reality in the shortcuts of my mirages.  
 25 Vanquish my bashmoling inner beasts of **BAAL, ASHERAH, & MOLOCH** !  
 26 Stop my **MOLOCH** of **Mistakes Oppressing Life by Omitting Crucial Help!**  
 27 End my **ASHERAH** of **Auto-Stereotyping Habits Erroneously Rounding Against Hope!**  
 28 Cut my **BAAL** of **Blindly Assuming Authorized Leadership** to stop my OSCR ORCS!

R1 **R. Reset me:** see U,I,O ISRAel ... is a life-giving AMO-HIT-CAN-PHE-JEB-HIV-GIR Joker  
 2 **I begin again, Born Again as Bachelor of Arts:**  
 3 **1. Wipe all my thoughts and tracks** 7Tr **back to ISRAel**  
 4 so that I keep wrestling with You – without resisting You.  
 5 **2. Wipe all my courage back to my hero journey** 7He **with You**  
 6 so I stay NegotiatingOrderAtHome in the Eye of Your Storm.  
 7 **3. Wipe all my InGroup actions back to Your ZION standards**  
 8 for all 7ChangeStages 7Ch in Your Zoning Investigating Organizing Navigating.  
 9 **4. Wipe all my stability assessments back to TrustedTested**  
 10 so my reliability follows Your Jubilee iron-rod standards.  
 11 **5. Wash all my failures to link all VOIDS in Your 7Spirits**  
 12 so I learn to innovate for Life in Truth about Reality.  
 13 **6. Wash all my failures to mentor those around me**  
 14 so I encourage gentle kind reasonable TrifectaTesting.  
 15 **7. Melt away my knowledge-faking in life-giving decisions**  
 16 so I serve all **3 Views of the Weak** as Your hero in my area.

J1 **J. Jubilee:** vs Structurally Inconsistent Notions\SINs by LIEs\Least Inconvenient Explanations  
 2 **I 3VoW support Your 3 Highest Laws of True Innovation:**  
 3 **1. to Love You\Reality from all my heart, life, mind, & strength.**  
 4 **= 2. to Love as myself all neighbors for balancing all fates. =**  
 5 **3. to build and guard worlds by growing Innovation Jubilees.**  
 6 **Let me evolve open systems** SEV **that improve service for all** SMI  
 7 to cut *Sins of Certainty* and *Heresies of Explanation* →Rob Alter.  
 8 Let me grasp Your Temporal Jubilee Cathedral of nested  
 9 **ShAbbat** innovation values. Lev.25 Isa.56 Ex.20 Mt.22:34-40 Lk.4:18; Gen.1...Rev.22  
 10 Inspire me to Save and Mend All Lives SMAL, starting with one.

Q1 **Q. Chakras:** VOID := Vital Organizing Integrating Destiny or other VOIDS (see andOR)  
 2 **I unblock my Inner Being**  
 3 **to live in Your Uniting States of Flow.**  
 4 **1. Ground me in You, Reality, so I stay safe in You**  
 5 as I leave all my fears and worries behind me.  
 6 **2. Let me create by enjoying trust in how conditionals flow**  
 7 as I leave all guilt so I dare to invent Your Innovations.  
 8 **3. Let me dignify by empowering Your Hope and Courage**  
 9 as I leave all blaming and shaming so that I share Life.  
 10 **4. Let me care for Your gentle kind reasonable hope**  
 11 as I overcome grief and loss by mourning and learning.  
 12 **5. Let me voice all 3 Views of The Weak** 3VoW **that are vital**  
 13 for today so that I leave the cave of my deadliest LIEs.  
 14 **6. Let me envision how to connect all dots for today**  
 15 so I leave my worst SINs to build bridges over breaches.  
 16 **7. Let me crown Your Beyond so can You stretch my grasp:**  
 17 **Show me the great and bizarre secrets You care about**  
 18 **for solving** 333 **issues I do not yet understand!** Jer.33:3  
 19 **0. Let me embrace all biouncertainty in ZION so I praise You**  
 20 as You heap on me stepping stones for my success Ps.68:20!

**May the words below serve as springboards to find one's own words!** To mix things up, see also equivalent "7e echoes" in ZoE Songs 1-4. Let's publish the best briefs, explanations, and songs **to help** all who aim to **focus best on what matters most!**

D.01 **D. Driving 42: Refine my 6 Views of 7 Innovation Heaven so I**  
 2 **gentle kind reasonably flee** BABL **for ZION in Your Promised Land.**  
 3 For more details, see respective # of 7Tr 7He 7Ch 7St 7Sp 7Me, E, L under B:1-7 and U,I,O,(1,2)

1.1 **1. Ablute Face AMO: Remove my top LIEs and worst unknowns.**  
 2 **Let me learn from the past and live in the present so I**  
 3 **envision better futures by improving Jubilee standards.**  
 4 **Let me stay gentle kind reasonable when I define rules.**

5 Keep my feet in the mud of true data and my head in Your  
 6 Clouds of clear code, so I aid Your plans for social ergodicity.  
 7 When I feast at Your Table, keep Your Sword at my throat  
 8 so I don't harm others by oversimplifying OSCR ORCS or LIEs.  
 9 Let me break chains of debt to develop mental wealth in all.  
 10 When I speak for others, let me wrestle You to resist BAAL.

2.1 **2. Ablut. Nose HIT: Cleanse my code from smelly hit-pieces.**  
 2 **Give me the courage to change what I can, the patience to**  
 3 **endure when I'm under a ban & wisdom to tell these apart.**  
 4 **May I speak truth to power with compassion and empathy.**  
 5 Let me stay gentle kind reasonable when I enforce rules,  
 6 give extra, or take risks to capture uncertainty to guard hope.  
 7 When I cut risks, let me wrestle You to resist ASHERAH.

3.1 **3. A. Mouth CAN: Cut my biased deals against Truth in critics.**  
 2 **Let me serve real needs well by honestly sharing my goods.**  
 3 **Curb my urge to fight messengers of inconvenient truth.**  
 4 When I trade for profit, keep me from hounding customers.  
 5 When I balance books, let me wrestle You to resist BAASHING.

4.1 **4. A. Right Arm, 5dig.PHE: Let me evolve open worlds openly.**  
 2 **Make me Your hero expert in my area. Purify my purpose,**  
 3 **so I meet infinity alone to end my Closed World Assumptions.**  
 4 As I search for truth, let me wrestle You to resist MOLOCH.

5.1 **5. A. Left Arm, 5dig.JEB: Let me evolve open ministries openly.**  
 2 **Let me gentle kind reasonably ease parity insights for all:**  
 3 **Let me gently cover obstacles and errors for beginners.** 1.VoW  
 4 **Let me kindly cut costs and slowdowns for producers.** 2.VoW  
 5 **Let me reasonably clarify special cases for experts.** 3.VoW  
 6 Let me serve all **3 Views of the Weak** to end blind trampling  
 7 so I invite Your **3VoW** power 1Co.12:9 as I apply rules in my roles!  
 8 Let me link JEB rulers AMO to insights HIV that serve needs GIR to  
 9 better test PHE, built CAN, and guard HIT systemic solutions LAO.  
 10 As I serve in Your ZION, help me to resist BAAL & MOLOCH.

6.1 **6. Ablute Right Leg, 5dig.HIV: Let my rules boost reliability.**  
 2 **Help me cut LIEs and bias to make outputs and reviews**  
 3 **more reliable** so I overcome splintering SINs by reconciling.  
 4 As I find new fields, let me wrestle You to resist ASHMOLing.

7.1 **7. Ablute Left Leg, 5dig.GIR: Let my data serve all Real beings.**  
 2 **As You walk, let me be Your gentle kind reasonable moccasins**  
 3 **to tread lightly as I flee BABL's Tree of Knowledge-faking.**  
 4 **Let me eat from Your Tree of Life-giving choices** so I grow  
 5 real solutions when I'm crushed to dust in my Isa.53-gutters.  
 6 Let me overcome all LAOdicean quagmires to integrate all  
 7 insights You give me so I advance Your Jubilee innovation.  
 8 As I manage mud, let me wrestle You to resist bashmoling.

E.1 **E. Envision EDEN, ISR: Evolve my 7 Deep Breaths in EDEN.** Isa.56  
 2 **May I recreate each week, month, 3Fest for past, present,**  
 3 **or future, & each sabbatical to improve 50-year Jubilees.**  
 4 Let me follow Your **Least Assuming Method Blade** so I build  
 5 datagardens in ZION's trifecta to guard against Datageddon.  
 6 Let me **Evolve Diversity Encouraging Negotiating** with the LAMB.  
 7 **Let All Me Become** real so I reflect You as I rest in You forever.

8 **Thank You for washing my sins of omission & commission**  
 9 **in thoughts, words, & deeds** – and for doing it in a way that  
 10 saves all **Personal Experience Analysis Restoration Lessons.**  
 11 Carry me on as I journey towards forgiving and restoring all  
 12 **Historically Explored Lessons Learned** for everyone & myself.  
 13 **Thank You for walking with me wherever forever and in Our**  
 14 **World as I flee my BABL to find Your ZION of Earth today.**  
 15 Amen.